

ATA Medical

HEALTH SCREENING GUIDE · 2026/27 EDITION

Health screening, personalised for you

Quality, affordable health screening from accredited family physicians

- 200,000+ patients
- MOH-licensed
- Same-day appointments
- 4 clinics near MRT

Tanjong Pagar · Orchard · Jurong East · Novena

atamed.sg · WhatsApp 8883 8892



ATA Medical

ABOUT YOUR DOCTOR

Dr Leonard Leng

Family physician at ATA Medical, with interests in lifestyle medicine, longevity and obesity management.
Founding member and Vice-President of the Singaporean Society of Lifestyle Medicine.

- MBBS, NUS
- MMed (Family Medicine), NUS
- Registered Family Physician
- Designated Workplace Doctor

Orchard (Camden Medical Centre) · Jurong East (CPF Jurong Building)
atamed.sg · WhatsApp 8883 8892

OUR CARE APPROACH

Build Your Care

Step by step, with one team of doctors

Ready to start?

WhatsApp 8883 8892

Book online →



YOUR PERSONALISED HEALTH JOURNEY →

1 — 2 — 3

Choose your base screening

- **General:** yearly organ & risk check
- **Longevity:** biological age, up to 106 biomarkers
- **Not sure?** Your doctor can advise

Compare packages →

Add optional tests

- Cancer & heart screening
- Imaging, gut & genetic tests
- Matched to your age & family history

See add-ons →

Review, retest & follow up

- Your doctor reviews results with you
- Abnormal markers retested
- Ongoing annual monitoring

Meet our doctors →

Anchored by Our Family Physicians

Experienced in care coordination, chronic disease management, weight loss, testosterone replacement therapy (TRT), menopausal hormone therapy (MHT), travel medicine and lifestyle medicine.

The same physicians who screen you also manage what they find.

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HEALTH SCREENING GUIDE

Find Your Screening Path

Ready to start?

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Book online →



1 CHOOSE YOUR BASE SCREENING

General Health Screening

Ace to Supreme

Focus: Comprehensive annual disease prevention & organ check

Key markers: Fasting glucose, full blood count, lipid profile, kidney & liver panels, stool occult

p. 5 →

Longevity Health Screening

Essential to Signature

Focus: Biological age, hormone vitality & cellular longevity

Key markers: Up to 106 biomarkers, heavy metals (Lead, Mercury), deep insulin profile, inflammation

p. 18 →

2 ADD OPTIONAL TESTS

Tailor your screening with targeted specialist tests

Cancer Screening

Liquid biopsy, Pap smear & cancer scans

p. 20 →

Heart Screening

ECG, stress test, calcium score & blood tests

p. 21 →

Radiology Scans

Ultrasound, CT & MRI scans

p. 22 →

Other Tests

Brain, body composition, allergy, nutrition & fertility tests

p. 23 →

- Doctor review and lifestyle medical consultation are included in selected screening packages.

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HEALTH SCREENING PACKAGE

Ace

Essential health screening

Fasting is required (8 hours)

PACKAGE PRICE

$76

24 BIOMARKERS

OPTIONAL ADD-ONS

InBody Analysis — $21.80

Body composition: muscle, fat and water

Carotid & Heel Bone Ultrasound — $87.20

Carotid Intima-Media Thickness and Heel Bone Mineral Density

Deficiency Screen Test — $161.32

Iron Panel, Folate, Vitamin B12, Vitamin D

All prices are NETT and inclusive of GST.

Biometrics

- Height & Weight
- Waist Circumference
- Blood Pressure

Blood Analysis

22 biomarkers

- Cholesterol Profile
- Fasting Glucose
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)

Urine Analysis

2 biomarkers

- UFEME (Urine Chemistry & Microscopy)

Doctor Review

- Post Screening Review & Lifestyle Counselling by Doctor*

**If results are abnormal*

Questions about packages?
WhatsApp or call 8883 8892

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HEALTH SCREENING PACKAGE

Elite

Extended health screening

Fasting is required (8 hours)

PACKAGE PRICE

$130

45 BIOMARKERS

OPTIONAL ADD-ONS

InBody Analysis — $21.80
Body composition: muscle, fat and water

Carotid & Heel Bone Ultrasound — $87.20
Carotid Intima-Media Thickness and Heel Bone Mineral Density

Deficiency Screen Test — $161.32
Iron Panel, Folate, Vitamin B12, Vitamin D

All prices are NETT and inclusive of GST.

Biometrics

- Height & Weight
- Waist Circumference
- Blood Pressure

Blood Analysis

42 biomarkers

- Cholesterol Profile
- Fasting Glucose
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count
- Syphilis Screen
- Tumour Marker (CEA)
  Stomach / Colon

Urine Analysis

3 biomarkers

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Doctor Review

- Post Screening Review & Lifestyle Counselling by Doctor*

**If results are abnormal*

Questions about packages?
WhatsApp or call 8883 8892

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HEALTH SCREENING PACKAGE

Noble

Comprehensive health screening

PACKAGE PRICE

$226

56 BIOMARKERS

★ Popular among ages 20 to 30

OPTIONAL ADD-ONS

InBody Analysis — $21.80
Body composition: muscle, fat and water

Carotid & Heel Bone Ultrasound — $87.20
Carotid Intima-Media Thickness and Heel Bone Mineral Density

Deficiency Screen Test — $161.32
Iron Panel, Folate, Vitamin B12, Vitamin D

All prices are NETT and inclusive of GST.

Biometrics

- Height & Weight
- Waist Circumference
- Blood Pressure

Blood Analysis

53 biomarkers

- Cholesterol Profile
- Diabetes Profile
  Random Glucose & HbA1c
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count
- Thyroid Function
- Blood Group

INFECTION SCREEN

- Syphilis Screen
- Hepatitis A & B

TUMOUR MARKERS

- Liver (AFP)
- Stomach / Colon (CEA)
- Ovarian (CA125) – Female
- Prostate (PSA) – Male

Urine Analysis

3 biomarkers

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Doctor Review

- Post Screening Review & Lifestyle Counselling by Doctor

Questions about packages?
WhatsApp or call **8883 8892**

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HEALTH SCREENING PACKAGE

Pre-Marital

Health screening for couples

PACKAGE PRICE

$291 Male, per person

$325 Female, per person

UP TO 56 BIOMARKERS

OPTIONAL ADD-ONS

Carotid & Heel Bone Ultrasound — $87.20

Carotid Intima-Media Thickness and Heel Bone Mineral Density

Deficiency Screen Test — $161.32

Iron Panel, Folate, Vitamin B12, Vitamin D

All prices are NETT and inclusive of GST.

Biometrics

- Height & Weight
- Waist Circumference
- Blood Pressure

Blood Analysis

Up to 53 biomarkers

- Cholesterol Profile
- Diabetes Profile
  Random Glucose & HbA1c
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count
- Thyroid Function
- Blood Group

INFECTION SCREEN

- Syphilis Screen
- Hepatitis B
- Hepatitis C
- HIV

OTHER BLOOD TESTS

- Hb Electrophoresis
  Thalassaemia screen
- Rubella IgG Antibody
  Female only

Urine Analysis

3 biomarkers

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Doctor Review

- Post Screening Review & Lifestyle Counselling by Doctor

Questions about packages?
WhatsApp or call **8883 8892**

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HEALTH SCREENING PACKAGE

Silver

Health screening for seniors

PACKAGE PRICE

$368

56 BIOMARKERS

★ For ages 60 and above

OPTIONAL ADD-ONS

Deficiency Screen Test — $161.32
Iron Panel, Folate, Vitamin B12, Vitamin D

Hearing Test (Audiometry)* — Please enquire
At our Jurong clinic or partner audiology centres

DEXA Bone Density Scan* — $141.70
Hip & spine scan at partner radiology centres

*By appointment only.
All prices are NETT and inclusive of GST.

Biometrics

- Height & Weight
- Waist Circumference
- Blood Pressure

Blood Analysis — 46 BM

- Cholesterol Profile
- Diabetes Profile
  Random Glucose & HbA1c
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count
- Thyroid Function
- Blood Group

Infection Screen — 4 BM

- Syphilis Screen
- Hepatitis A & B

Tumour Markers — 3 BM

- Liver (AFP)
- Stomach / Colon (CEA)
- Ovarian (CA125) – Female
- Prostate (PSA) – Male

Urine Analysis — 3 BM

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Imaging

- Ultrasound Heel (Bone Mass Density)
- Ultrasound Carotid (Stroke Risk)

Clinical Tests

- Digital Brain Function Screen
- Tonometry (Glaucoma)

Doctor Review

- Post Screening Review & Lifestyle Counselling by Doctor

Questions about packages?
WhatsApp or call 8883 8892

BM = biomarkers

HEALTHIER SG

Eligible seniors may qualify for subsidised Healthier SG Screening ($0–$5). WhatsApp us to check.

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HEALTH SCREENING PACKAGE

Crown

Extensive health screening

PACKAGE PRICE

$381

62 BIOMARKERS

★ Popular among ages 30 and above

OPTIONAL ADD-ONS

InBody Analysis — $21.80
Body composition: muscle, fat and water

Carotid & Heel Bone Ultrasound — $87.20
Carotid Intima-Media Thickness & Heel Bone Mineral Density

Deficiency Screen Test — $161.32
Iron Panel, Folate, Vitamin B12, Vitamin D

CT Calcium Score — $403.30
Heart disease screening

Low-Dose CT Lung Scan — $436
Lung cancer screening

All prices are NETT and inclusive of GST.

Biometrics

- Height & Weight
- Waist Circumference
- Blood Pressure

Blood Analysis — 48 BM

- Cholesterol Profile
- Diabetes Profile
  Random Glucose & HbA1c
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count & ESR
- Thyroid Function
- Blood Group
- Heart Screen (hsCRP)

Infection Screen — 5 BM

- Syphilis Screen
- Hepatitis A, B, C

Tumour Markers — 5 BM

- Stomach / Colon (CEA)
- Liver (AFP)
- Pancreas (CA19.9)
- Nose & Throat (EBV) – Male
- Prostate (PSA) – Male
- Breast (CA153) – Female
- Ovarian (CA125) – Female

Urine Analysis — 3 BM

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Stool Analysis — 1 BM

- Stool Occult Blood (Immunological)

Clinical Tests

- Resting Electrocardiogram (ECG)

Doctor Review

- Post Screening Review & Lifestyle Counselling by Doctor

Questions about packages?
WhatsApp or call 8883 8892

BM = biomarkers

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HEALTH SCREENING PACKAGE

Crown Plus

Crown + 2 ultrasound scans & 3 clinical tests

PACKAGE PRICE

$485

62 BIOMARKERS

★ Popular among ages 30 and above

Complimentary Ya Kun breakfast voucher**

OPTIONAL ADD-ONS

InBody Analysis — $21.80
Body composition: muscle, fat and water

Deficiency Screen Test — $161.32
Iron Panel, Folate, Vitamin B12, Vitamin D

CT Calcium Score — $403.30
Heart disease screening

Low-Dose CT Lung Scan — $436
Lung cancer screening

**Crown Plus and above. Halal option available.
All prices are NETT and inclusive of GST.

Biometrics

- Height & Weight
- Waist Circumference
- Blood Pressure
- Eye Screening
  Visual Acuity, Colour & Near Vision

Blood Analysis — 48 BM

- Cholesterol Profile
- Diabetes Profile
  Random Glucose & HbA1c
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count & ESR
- Thyroid Function
- Blood Group
- Heart Screen (hsCRP)

Infection Screen — 5 BM

- Syphilis Screen
- Hepatitis A, B, C

Tumour Markers — 5 BM

- Stomach / Colon (CEA)
- Liver (AFP)
- Pancreas (CA19.9)
- Nose & Throat (EBV) – Male
- Prostate (PSA) – Male
- Breast (CA153) – Female
- Ovarian (CA125) – Female

Urine Analysis — 3 BM

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Stool Analysis — 1 BM

- Stool Occult Blood (Immunological)

Imaging

- Ultrasound Heel
  Bone Mass Density
- Ultrasound Carotid
  Stroke Risk

Clinical Tests

- Oxygen Saturation (SpO2)
- Resting Electrocardiogram (ECG)
- Tonometry (Glaucoma)

Doctor Review

- Post Screening Review & Lifestyle Counselling by Doctor

Questions about packages?
WhatsApp or call 8883 8892

BM = biomarkers

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HEALTH SCREENING PACKAGE

Royal

Comprehensive health screening

Includes 2 ultrasound scans, 3 clinical tests & 1 test of your choice

PACKAGE PRICE

$667

63 BIOMARKERS

★ Popular with ages 40+

Complimentary Ya Kun breakfast voucher*

EXTRA TESTS

On top of your 1 chosen test

Deficiency Screen Test Iron Panel, Folate, Vitamin B12, Vitamin D	$161.32
CT Calcium Score Heart disease screening	$403.30
Low-Dose CT Lung Scan Lung cancer screening	$436

*Crown Plus and above. Halal option available.
All prices are NETT and inclusive of GST.

Consultation & Doctor Review

- Consultation & Physical Examination
- Post Screening Review & Lifestyle Counselling

Biometrics

- Height & Weight
- Blood Pressure
- InBody Body Composition
- Eye Screening (Visual Acuity, Colour & Near Vision)

Urine Analysis — 3 BM

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Blood Analysis — 48 BM

- Cholesterol Profile
- Diabetes Profile (Random Glucose & HbA1c)
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count & ESR
- Thyroid Function
- Blood Group
- Heart Screen – hsCRP

Infection Screen — 5 BM

- Syphilis Screen
- Hepatitis A, B, C

Stool Analysis — 1 BM

- Stool Occult Blood (Immunological)

Tumour Markers — 6 BM

- Liver (AFP)
- Germ Cell (Beta HCG)
- Pancreas (CA19.9)
- Stomach / Colon (CEA)
- Breast (CA153) – Female
- Ovarian (CA125) – Female
- Nose & Throat (EBV) – Male
- Prostate (PSA) – Male

Imaging

- Ultrasound Carotid (Stroke Risk)
- Ultrasound Heel (Bone Mass Density)

Clinical Tests

- Oxygen Saturation (SpO2)
- Resting Electrocardiogram (ECG)
- Tonometry (Glaucoma)

+ 1 TEST OF YOUR CHOICE INCLUDED 21 options on the next page →

BM = biomarkers

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HEALTH SCREENING PACKAGE

Royal $667

HOW PRICING WORKS

1. **Pick 1 from the left list**
   Included in your package
   e.g. Chest X-Ray
   $667
2. **Or pick 1 from the right list**
   Add the top-up
   e.g. CT Calcium Score
   $667 + $218 = $885
3. **Want 2 tests?**
   Add a right-list test at à la carte
   e.g. Chest X-Ray + CT Calcium
   $667 + $403.30 = $1,070.30

PICK 1 HERE · No extra cost — Items 1–12

IMAGING

01	**Chest X-Ray**	
02	**Mammogram**	Recommended for women above 40^
03	**Ultrasound Breast**	Recommended for women 40 and below^
04	**Ultrasound Kidneys**	
05	**Ultrasound Liver / Hepatobiliary System**	*6 hours fasting required*
06	**Ultrasound Pelvis**	Female
07	**Ultrasound Prostate**	Male
08	**Ultrasound Thyroid**	

HEART

09	**Treadmill Stress Test**	

BLOOD TESTS

10	**Deficiency Screen** Folate, B12, Vitamin D, Iron, TIBC, % Iron Saturation, Ferritin	
11	**Advanced Cardiac Risk** Fasting Insulin, ApoB, Homocysteine	
12	**Biological Age (AgeQ) + Nightingale Metabolomic 5 Risk Scores**	

OR

PICK 1 HERE · Pay a top-up — Items 13–21

HEART & LUNG SCANS

13	**2D Echocardiogram***	Images of heart structure and function	+$218 à la carte $436
14	**CT Calcium Score**	Calcium build-up in heart arteries	+$218 à la carte $403.30
15	**Low-Dose CT Lung Scan**	Early signs of lung cancer	+$239.80 à la carte $436

CANCER RISK BLOOD TESTS

16	**Mirxes GastroCLEAR**	Stomach cancer microRNA blood test	+$87.20 à la carte $272.50
17	**Mirxes LungCLEAR**	Lung cancer microRNA blood test	+$87.20 à la carte $272.50

GENETIC TESTS

18	**Nalagenetics NutriReady**	DNA insights for diet and nutrition	+$261.60 à la carte $401.83
19	**Nalagenetics LifeReady**	DNA insights for personalised health	+$261.60 à la carte $498

GUT HEALTH

20	**Urea Breath Test**	Detects H. pylori stomach bacteria	+$65.40 à la carte $233.26
21	**Gut Microbiome**	Stool analysis of gut bacteria	+$272.50 à la carte $436

^Age guidance only. Ask your doctor which test suits you. · À la carte price applies only if added as a 2nd test. · All prices are NETT and inclusive of GST.
*Available at our Orchard and Jurong clinics, or partner radiology centres, by appointment.

HEALTH SCREENING PACKAGE

Jewel

Premium health screening

PACKAGE PRICE

Male	Female
$1,415	$1,515

UP TO 75 BIOMARKERS

★ Popular among ages 40 and above

Complimentary Ya Kun breakfast voucher**

EXTRA TESTS

On top of your 3 chosen tests

CT Calcium Score — $403.30
Heart disease screening

Low-Dose CT Lung Scan — $436
Lung cancer screening

*Full Abdomen scan requires 6 hours of fasting.
**Crown Plus and above. Halal option available.
Mammogram not available at Jurong.
All prices are NETT and inclusive of GST.

Consultation & Doctor Review

- Consultation & Physical Examination
- Post Screening Review & Lifestyle Counselling

Biometrics

- Height & Weight
- Blood Pressure
- InBody Body Composition
- Eye Screening
  Visual Acuity, Colour & Near Vision

Urine Analysis — 3 BM

- UFEME (Urine Chemistry & Microscopy)
- Urine Microalbumin / Creatinine Ratio

Stool Analysis — 1 BM

- Stool Occult Blood (Immunological)

Blood Analysis — Up to 59 BM

- Cholesterol Profile
- Diabetes Profile
  Random Glucose & HbA1c
- Liver Profile
- Kidney Profile
- Gout (Uric Acid)
- Bone & Joint Profile
  Calcium, Phosphate & Rheumatoid Factor
- Full Blood Count & ESR
- Thyroid Function
- Blood Group
- Heart Screen
  hsCRP, ApoA / ApoB
- Hormone Profile
- Iron Panel
- Vitamin B12 / D / Folate

Imaging

- Chest X-Ray
- Ultrasound Carotid
  Stroke Risk
- Ultrasound Heel
  Bone Mass Density

Tumour Markers — 6 BM

- Liver (AFP)
- Germ Cell (Beta HCG)
- Pancreas (CA19.9)
- Stomach / Colon (CEA)

MALE

- Prostate (PSA)
- Nose & Throat (EBV)

FEMALE

- Breast (CA153)
- Ovarian (CA125)

Infection Screen — 6 BM

- Syphilis Screen
- Hepatitis A, B, C
- Stomach Ulcer
  Helicobacter Pylori

Clinical Tests

- Digital Brain Function Screen
- Oxygen Saturation (SpO2)
- Resting Electrocardiogram (ECG)
- Tonometry (Glaucoma)

MEN Choose 3 of 4	Treadmill Stress Test · Ultrasound Full Abdomen* · Ultrasound Prostate · Ultrasound Thyroid
WOMEN Choose 3 of 6	Treadmill Stress Test · Ultrasound Breast / Mammogram · Ultrasound Pelvis · Pap Smear / ThinPrep · Ultrasound Full Abdomen* · Ultrasound Thyroid

BM = biomarkers

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HEALTH SCREENING PACKAGES

Marvel

Jewel Package + cancer screening

Male	Female
$2,000	$2,100

Prestige

Jewel Package + 50-cancer screening

Male	Female
$5,100	$5,200

Complimentary Ya Kun breakfast voucher**

Questions about packages?
WhatsApp or call **8883 8892**

**Crown Plus and above. Halal option available.
Fasting is required (6 hours) for US Abdomen.
All prices are NETT and inclusive of GST.

WHAT'S INCLUDED

Every Marvel test carries over to Prestige. The only change is the cancer test.

Jewel Package

Up to 75 biomarkers

See p. 13

Liquid Biopsy

Multi-cancer early detection from a single blood draw

Ultrasound

Abdomen · Prostate · Thyroid ˆ

Abdomen · Pelvis · Thyroid · Breast ultrasound or mammogram* (by age) ˆˆ

JEWEL + 6 CANCERS

Marvel

Included
Full Jewel Package

6 cancers
LucenceINSIGHT™ Core

Included
3 scans men · 4 women

JEWEL + 50 CANCERS

Prestige

Included
Same full Jewel Package

Up to 50 cancers
LucenceINSIGHT™ Plus

Included
Same 3 / 4 scans

What is a liquid biopsy?

LucenceINSIGHT™ looks for cancer signals in one blood draw, screening for multiple cancers early.

Learn more →

ˆFor male · ˆˆFor female · *Mammogram excludes implant views.

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HEALTH SCREENING PACKAGES

Imperial

Prestige Package + heart & lung scans

Male	Female
$5,700	$5,800

Supreme

Imperial Package + MRI stroke screen

Male	Female
$6,900	$7,000

Complimentary Ya Kun breakfast voucher*

Questions about packages?
WhatsApp or call 8883 8892

*Crown Plus and above. Halal option available.
Fasting is required (6 hours) for US Abdomen.
All prices are NETT and inclusive of GST.

WHAT'S INCLUDED

Every Imperial test carries over to Supreme. Supreme adds one more scan.

	PRESTIGE + 2 SCANS Imperial	PRESTIGE + 3 SCANS Supreme
Prestige Package Up to 76 biomarkers See p. 14	**Included** Full Prestige Package	**Included** Same Prestige Package
CT Calcium Score Heart disease screen	**Included** Coronary calcium scan	**Included** Same heart scan
Low-Dose CT Lung Scan Lung cancer screen	**Included** Low-dose lung CT scan	**Included** Same lung scan
SUPREME ONLY **MRI Stroke Screen**** Brain & neck blood vessels	**Not included**	**Added** Only in Supreme

What is an MRI stroke screen?

An MRI of the brain's blood vessels and neck arteries, checking for early signs of stroke risk.

Learn more →

**MRI is done at partner radiology centres, by appointment.

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Packages Summary

		ACE	ELITE	NOBLE	CROWN	CROWN+	ROYAL	JEWEL
		$76	$130	$226	$381	$485	$667	$1,415 (M) $1,515 (F)
Height / Weight / Blood Pressure		✓	✓	✓	✓	✓	✓	✓
Pre-Screening Consultation							✓	✓
Blood / Stool / Urine Tests	Cholesterol, Diabetes, Liver Function, Kidney Function, Gout, Urine	✓	✓	✓	✓	✓	✓	✓
	Full Blood Count, Bone & Joint Profile		✓	✓	✓	✓	✓	✓
	Blood Group, Thyroid Function			✓	✓	✓	✓	✓
	ESR, Heart Disease Risk (CRP)				✓	✓	✓	✓
	Stool Occult Blood				✓	✓	✓	✓
	Apolipoprotein A/B, Hormone Profile							✓
	Deficiency Screen (Iron Panel, Vit B9, Vit B12, Vit D)	Add-on at $161.32						✓
	Infection Screen		Syphilis	Syphilis Hepatitis A/B	Syphilis Hepatitis A/B/C	Syphilis Hepatitis A/B/C	Syphilis Hepatitis A/B/C	Syphilis Hepatitis A/B/C Helicobacter
	Cancer (Tumour Markers)		1 Colon	3 Liver, Colon, **Male:** Prostate **Female:** Ovary	5 Liver, Colon, Pancreas **Male:** Prostate, Nose **Female:** Breast, Ovary	5 Liver, Colon, Pancreas **Male:** Prostate, Nose **Female:** Breast, Ovary	6 Liver, Colon, Pancreas, Germ Cell **Male:** Prostate, Nose **Female:** Breast, Ovary	6 Liver, Colon, Pancreas, Germ Cell **Male:** Prostate, Nose **Female:** Breast, Ovary
Cardiovascular	Electrocardiogram				✓	✓	✓	✓
	Ultrasound Carotid Intima Media Thickness	Add-on at $87.20				✓	✓	✓
Musculoskeletal	Ultrasound Heel (Bone Mass Density)							
	InBody Body Composition Analysis	Add-on at $21.80					✓	✓
Vision Testing	Tonometry (Eye Pressure) Colour Vision Visual Acuity					✓	✓	✓
Chest X-ray								✓
Digital Brain Function Screen								✓
Imaging and Special Tests							1 test of your choice (21 options)	Choose any 3 (see p. 14)

All prices are NETT and inclusive of GST. · Mammogram is not available at Jurong Clinic. · Treadmill Stress Test is not available at Novena Clinic.

Premium packages

Each builds on the one before

Marvel

See p. 15

$2,000 Male $2,100 Female

Jewel + 6-cancer liquid biopsy + ultrasound

Prestige

See p. 15

$5,100 Male $5,200 Female

Marvel, upgraded to 50-cancer liquid biopsy

Imperial

See p. 16

$5,700 Male $5,800 Female

Prestige + CT calcium score + low-dose CT lung scan

Supreme

See p. 16

$6,900 Male $7,000 Female

Imperial + MRI stroke screen

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LONGEVITY PACKAGES

Your Longevity Journey

1. **Choose a base package**
   This page
2. **Personalise with add-ons**
   Next page

INCLUDED WITH EVERY PACKAGE

Complimentary 1-to-1 strength session*

With Surge, our partner personal training gym

- ✓ 60-minute session with a Surge coach
- ✓ Body and movement assessment
- ✓ Guidance tailored to your goals

Book directly: WhatsApp Surge 8125 8161
Tanjong Pagar | New Bahru

Questions?
WhatsApp or call **8883 8892**

*Surge session optional, for those new to Surge. Run independently of ATA Medical's medical care.
All prices are NETT and inclusive of GST. Fasting of at least 8 hours required.

STEP 1: CHOOSE A BASE PACKAGE

ESSENTIAL $388

69 BIOMARKERS

- **Heart** Cholesterol profile, ApoB, hs-CRP, Homocysteine
- **Metabolic** Fasting glucose, HbA1c, Fasting insulin, HOMA-IR
- **Liver** 10 markers
- **Kidney** 8 markers incl. Bicarbonate & uACR
- **Blood** Full blood count, ESR
- **Bone & joint** Calcium, Phosphate, Uric acid, Rheumatoid factor
- **Hormones** TSH, Free T4, Testosterone (men)
- **Nutrients** Vitamin D, Ferritin (women)
- **Infection** Hepatitis A & B
- **Cancer** PSA (men) / CA125 (women)
- **Urine analysis**
- **In-clinic** Hand grip, InBody body composition

Best for: a yearly baseline from age 30

PLUS $888

94 BIOMARKERS

Everything in Essential, plus:

- **Heart** ApoA1, Apo B/A1 ratio, Carotid ultrasound (CIMT), ECG
- **Nutrients** Vitamin B12, Folate, Iron panel, Magnesium, Ferritin
- **Hormones** FSH, LH, Prolactin, Cortisol, Free T3, Estradiol (women), SHBG & free testosterone (men)
- **Kidney** Cystatin-C
- **Infection** Hepatitis C, Syphilis, HIV
- **Cancer** Stool occult blood
- **In-clinic** Visual acuity, Tonometry (eye pressure), Digital Brain Function Screen

Best for: a deeper look at hormones, nutrients & heart risk

SIGNATURE $1,388

106 BIOMARKERS

Everything in Plus, plus:

Hormones
IGF-1, DHEA-S, Progesterone, Anti-TPO, Testosterone & Estradiol for all

Nutrients
Zinc, Selenium

Metal toxicity
Lead, Mercury, Urine arsenic

Infection
HSV 1 & 2, H. pylori

In-clinic
Physical examination, Spirometry (lung function)

Best for: the most complete picture of your health

What is longevity screening?
Find out how we help you spot health risks early and plan for healthier years ahead.

Learn more →

ATA Medical

LONGEVITY PACKAGES

Your Longevity Journey

1. **Choose a base package**
   Previous page
2. **Personalise with add-ons**
   This page

Add any of these to your base package. Your doctor can help you decide.

For those 30 and above, Longevity Essentials is a sensible starting point. Screen once a year, include imaging, and add on cancer screening and heart screening according to your individual needs.



Dr Leonard Leng
MBBS, MMed FM, GDOM

Questions?
WhatsApp or call **8883 8892**

All prices are NETT and inclusive of GST. Fasting of at least 8 hours required.

STEP 2: PERSONALISE WITH ADD-ONS

Imaging

Imaging Package
Men $698 · Women $888

Men: Chest X-ray, Ultrasound thyroid, abdomen & prostate

Women: Chest X-ray, Ultrasound thyroid, abdomen & pelvis, Mammogram (40+) or Breast ultrasound (under 40)

Heart CT Scans
CT Calcium Score $403.30 · CT Coronary Angiogram $1,384.30

CT Calcium Score and CT Coronary Angiogram, checking for blockages in heart arteries

Learn more →

MRI Stroke Screen
$1,231.70

Brain and neck blood vessels (at partner radiology centres, by appointment)

Learn more →

Cancer Screening

Liquid Biopsy (LucenceINSIGHT)
From $654

Multi-cancer blood test

Learn more →

CT Low-Dose Lung Screen
$436

Early signs of lung cancer

Learn more →

Cervical Cancer Screening
From $70.85

Pap smear and HPV test

Learn more →

Endoscopy
From $1,417

Gastroscopy and/or colonoscopy. Extra fees may apply, e.g. polyp removal

Learn more →

Others

Genetic Tests (Nalagenetics)
From $401.83

DNA insights for health and nutrition

Learn more →

AMILI Gut Microbiome
$436

Gut bacteria analysis

Learn more →

AgeQ Biological Age Score
$158.05

How fast your body is ageing

Learn more →

Nightingale Metabolomic Score
From $91.56

Blood markers of long-term health risks

Learn more →

EARLY DETECTION

Cancer Screening

Tests and scans to find cancer early

TOP CANCERS IN SINGAPORE

♂ Males	♀ Females
1. Prostate	1. Breast
2. Colorectal	2. Colorectal
3. Lung	3. Lung

LEADING CAUSE OF CANCER DEATH

Lung cancer

Source: Singapore Cancer Registry

Book online →

Need a test not listed?
WhatsApp or call 8883 8892

All prices are NETT and inclusive of GST.

Liquid Biopsy

Multi-cancer early detection test

- Looks for cancer signals in a single blood draw
- Can detect signs of cancers such as lung, breast, colorectal, prostate and liver

UP TO **50** cancers screened

6 cancers	9 cancers	12 cancers	Up to 50 cancers
$654	$1,308	$1,918	$3,798
LucenceINSIGHT™ Core	LucenceINSIGHT™ Me	LucenceINSIGHT™	LucenceINSIGHT™ Plus

BLOOD TEST

From **$654**

Pap Smear / ThinPrep

Cervical cancer

Checks cervical cells for early changes that can lead to cancer.

CERVICAL SAMPLE **$70.85**

Mammogram

Breast cancer

Low-dose X-ray of the breast.

MediSave-claimable for ages 50 and above

X-RAY **$239.80**

Low-dose CT Lung Scan

Lung cancer

Recommended for smokers and those with relatives with lung cancer.

MediSave-claimable up to $600 a year for all MRI / CT

CT SCAN **$436**

Tap any test for full details.
A doctor's consultation (from $49.05) is charged separately for individual tests.
Mammogram not available at Jurong. CT scans at Orchard only.

ATA Medical

HEART HEALTH

Heart Screening

Tests and scans to check your heart

NOT SURE WHICH TEST?

Talk to our friendly doctor to find out which tests suit you.

HEART SCREENING PACKAGES

Cardiologist-led packages from $368, including consultation and results review.

View packages →

Book online →

Need a test not listed?
WhatsApp or call 8883 8892

All prices are NETT and inclusive of GST.

PROCEDURES

AT REST

Electrocardiogram (ECG)

Records your heart's electrical activity at rest.

$49.05

EXERCISE

Treadmill Stress Test

Checks how your heart responds to exercise.

$218

CT SCAN

CT Calcium Score

Detects calcium deposits in heart arteries to assess heart attack risk.

$403.30

CT SCAN

CT Coronary Angiogram

Detailed scan of heart arteries for blockages or narrowing. Includes calcium score.

$1,384.30

BLOOD TESTS

BLOOD TEST

C-Reactive Protein (hsCRP)

Measures inflammation linked to heart disease.

$38.15

BLOOD TEST

Cardiac Screening 3

Lipid profile, ApoB and hsCRP in one blood test.

$63.22

BLOOD TEST

Lipoprotein (a)

An inherited heart disease risk factor. Only needs testing once in a lifetime.

$49.99

BLOOD TEST

Fasting Insulin

An early sign of insulin resistance, a risk factor for heart disease.

$66.49

Tap any test for full details.
A doctor's consultation (from $49.05) is charged separately for individual tests.
Treadmill not available at Novena. CT scans at Orchard only.

ATA Medical

IMAGING

Radiology Scans

Ultrasound, CT and MRI scans

NOT SURE WHICH SCAN?

Talk to our friendly doctor to find out which scans suit you. A consultation (from $49.05) is required without a referral letter.

MEDISAVE

May be used for eligible scans, subject to the relevant criteria.

GOOD TO KNOW

CT scans at our Orchard clinic only. MRI scans at our partner radiology centres.

Book online →

Need a test not listed?
WhatsApp or call **8883 8892**

All prices are NETT and inclusive of GST.

Ultrasound

FULL LIST →

Carotid Intima-Media Thickness Checks neck arteries for plaque build-up	$163.50
Thyroid	$163.50
Breast	$163.50
Kidney	$152.60
Kidney, Ureters & Bladder (KUB)	$207.10
Liver & Gallbladder (HBS) 6 hours of fasting required	$196.20
Full Abdomen Liver, gallbladder, kidney, spleen, pancreas 6 hours of fasting required	$272.50
Pelvis (Uterus & Ovaries)* Drink 5–6 glasses of water 1 hour before	$272.50
Prostate Drink 5–6 glasses of water 1 hour before	$228.90
Scrotum	$228.90

CT Scan

FULL LIST →

CT Calcium Score Detects calcium in heart arteries to assess heart attack risk	$403.30
CT Coronary Angiogram Detailed scan of heart arteries for blockages or narrowing	$1,384.30
Low-Dose CT Lung Scan Screens for early signs of lung cancer	$436

MRI

FULL LIST →

Cervical Spine (Neck)	From $1,090
Lumbar Spine (Lower Back)	From $1,090
Stroke Screen	$1,231.70
Full Body MRI Scan	$4,388

Tap Full list for all ultrasound, CT and MRI scans.
*We do not offer pregnancy (dating) scans.

ATA Medical

ADD-ON TESTS

Other Tests

Individual tests & screens

HOW ADD-ON TESTS WORK

1. Add any test to your health screening package
2. Or book it on its own
3. Your doctor reviews the results with you

Book online →

Need a test not listed?
WhatsApp or call **8883 8892**

Digital Brain Function Screen

Online brain games testing memory, attention and decision-making.

BRAIN — $60

InBody Analysis

Quick, non-invasive scan of body fat, muscle and water.

BODY — $43.60

DEXA Body Composition

Low-dose X-ray measuring fat, muscle, bone and visceral fat.

BODY — $308.47

Allergy Testing (59 Allergens)

Blood test for food, dust, pet and pollen allergies.

ALLERGY — $739.02

Deficiency Screen

Blood test for low B12, vitamin D, folate and iron.

NUTRITION — $161.32

Female Fertility Profile*

Hormone test for pregnancy planning, best on cycle days 2–5.

FEMALE — $109

Anti-Müllerian Hormone (AMH)

Measures ovarian reserve, an indicator of egg supply.

FEMALE — $122.08

Male Fertility Profile

Hormone blood test for male fertility, best done early morning.

MALE — $87.20

Total Testosterone

Checks the hormone behind muscle, bone and sex drive.

MALE — $38.15

Tap any test for full details.

*Female Fertility Profile includes estradiol, progesterone, FSH, LH and prolactin.

Some tests may require a doctor's consultation (from $49.05). WhatsApp us to check.

All prices are NETT and inclusive of GST.

ATA Medical

LOCATIONS

Our Clinic Locations

Four clinics, same opening hours

OPENING HOURS

Mon – Fri	8:30 am – 12:30 pm, 1:30 pm – 5:30 pm
Sat	8:30 am – 12:30 pm
Sun & PH	Closed

Last appointment: 5:15 pm weekdays, 12:15 pm Saturdays

CALL ANY CLINIC

8883 8892

Book online →

SCAN FOR MAPS & BOOKING



ATA MEDICAL

Tanjong Pagar

Anson House

72 Anson Rd,
#01-02, Singapore 079911

Tanjong Pagar **(EW15)**

8883 8892

Get directions →



ATA MEDICAL

Orchard

Camden Medical Centre

1 Orchard Blvd,
#05-09, Singapore 248649

Orchard Boulevard **(TE13)**

8883 8892

Get directions →



ATA MEDICAL

Jurong East

CPF Jurong Building

21 Jurong Gateway Rd,
#02-08, Singapore 608546

Jurong East **(NS1/EW24)**

8883 8892

Get directions →



ATA MEDICAL

Novena

Royal Square Medical Centre

101 Irrawaddy Rd,
#09-01, Singapore 329565

Novena **(NS20)**

8883 8892

Get directions →

Trusted healthcare, personalised for you

ATA Medical